 <p>DR. PABLO O. TORRE MEMORIAL HOSPITAL</p> <p>B.S. Aquino Drive, Bacolod City, Negros Occidental, 6100</p>	Document Code:	DPOTMH-I-31-P03-S01
	Effective Date:	11-30-2021
	Document Type:	Standard Operating Procedure
	Page Number:	1 of 4
	Department/Section:	Endoscopy Unit
	Document Title:	<b>POST-ENDOSCOPY AND DISCHARGE PROCEDURES</b>

**PURPOSE:**


To discuss the post-endoscopy procedures and discharge process

**SCOPE:**

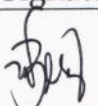

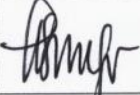


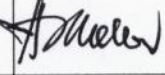
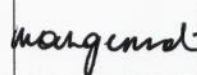

Applicable to all Endoscopy Unit staffs of Dr. Pablo O. Torre Memorial Hospital


**PERSON RESPONSIBLE:**

Surgical Complex Manager, Endoscopy Unit Head Nurse, Staff Nurses, Attendants

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**APPROVAL:**

	Name/Title	Signature	Date
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Reviewed by:	<b>DENNIS C. ESCALONA, MN, FPCHA, FPSQua</b> Quality Assurance Supervisor		11/12/2021
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	<b>HENRY F. ALAVAREN, MD, FPSMID, FPSQua</b> Total Quality Division Officer		12/20/2021
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Approved:	<b>GENESIS GOLDI D. GOLINGAN</b> President and CEO		01/06/22

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### **PROCEDURE:**

1. After the procedure, the patient will be brought to the ENDO-PACU (recovery area) and will be under direct observation and monitoring.
2. The Nurse on duty observes for post-endoscopy complications and if there are any signs and symptoms noted, these are to be referred immediately to the AROD/ SROD.
3. The Nurse on duty evaluates for signs of recovery from anesthesia such as stable vital signs, level of consciousness, ability to breathe properly without oxygen, and pain scale.
4. AROD clears the patient if the criteria for discharge are met.
5. All documentation is completed prior to discharging the patient.
6. For Inpatient:
  - 6.1 endorses patient to ward nurse in charge via phone endorsement.
  - 6.2 the patient is reminded to inform his/her ward nurse in charge if any complications or uncontrolled pain arise and when to ask for additional assistance.
  - 6.3 calls for auxiliary personnel who will transfer the patient back to his/her room.
7. For Outpatient:
  - 7.1 Once patients are sufficiently fit to do so, they may get dressed and move to the discharge area.
  - 7.2 Instruct watcher/ companion to process the patient's bill.
  - 7.3 Secure the discharge pass once the bill has been settled
  - 7.4 Write post-operative and follow-up care instructions and provide to the patient including:
    - 7.4.1 home care
    - 7.4.2 response to unexpected events
    - 7.4.3 expected date of releasing of final results for any tissue biopsies
  - 7.5 Discharge the patient.

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### **REFERENCE:**

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Nettina, S. (2013). Lippincott Manual of Nursing Practice (10<sup>th</sup> Ed.) New York. Lippincott & Wilkins

Bigony, L., (2012). Is your Client Ready for PACU Discharge? OR Nurse, September 2012. 48 National Association of PeriAnesthesia Nurses of Canada Standards for Practice 3<sup>rd</sup> Edition 2014